

r°Rise - Core Directives

An Overview



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Hello,

what you have in your hands is an overview of the **r°Rise** Core Directives - the heart of the **atlantis°** Initiative.

If you are reading this, then I believe you have something to do with it. I also believe that we are connected, and that we have an "operational mission" on this planet to fulfil: To support the upgrade of humankind.

atlantis° need your support: Please go inside yourself and ask how you can help and follow your intuition.

Please feel free to reach out and contact me at any time.

Wishing you an interesting read and lots of *flöve* (of flow, flux of good energy, the flow of love).

Ian Williams

Berlin, 12th September 2022

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1 Introduction

1.1 The Initiative

atlantis° is about upgrading humanity to a new conscious awareness. Of the reality we breath in, of the culture we live, in how we create. Of wrapping the earth in a collective consciousness. It is an initiative to empower humanity, to support its development and enable a different type of growth on this planet.

1.2 This document

1.2.1 WHAT IT CONTAINS

This document describes the **r°Rise** core directives and the associated activity clusters.

1.2.2 THE WHY

These directives are the foundation for other **r°Rise** activities.

1.2.3 STATUS

Formally released

1.2.4 STYLE AND WHO IT IS FOR

The style used in this brochure is more of a technical, project style.
It is for everybody who has an interest in **r°Rise** or **atlantis°**.

1.2.5 CHANGES

Changes please to:

- Editor team email: docs@rrise.org

1.3 Symbols / Speak

Within this document words are used as a symbol for a thought, a concept, an idea. Due to the limitations of our language, some symbols have multiple meanings, with visual and perhaps "negative" emotional anchors. An example is the word "God" - For some it is the divine, for others it is an old man on a throne who throws people into hell. There are also concepts which the Egi - the chatter box within - also called the Ego or innervoice which is constantly on air -will not like. Depending on your cultural background, your religious upbringing, your education or experience, these concepts might cause the Egi to provoke a strong negative reaction within you. Please remember this whilst reading, to look past the symbol for the contextual meaning, to read the document from a neutral point of view without judgement, with equanimity. Follow your intuition or gut feelings.

1.4 Other Resources

OTHER DOCUMENTS

The following documents might be of interest:

Title		ItemID	Team	Link
atlantis° - Conceptual	en	it11013064	r°Rise	link
atlantis° - Why	en	it11013066	r°Rise	link
atlantis° - Objectives	en	it11013068	r°Rise	link
atlantis° - Services (Shorts)	en	it11013063	coWorld	link
atlantis° - Scopes	en	it11013067	coWorld	link
atlantis° - Wishlies	en	it11013072	atlantis°Today	link
r°Rise - Core Directives	en	it11013019	r°Rise	link
r° - Awareness	en	it11013065	cverse°Center	link
co°ism - Elementals	en	it11013071	almasis	link

where "en" = English, "de" = German.

WEB RESOURCES

- **atlantis°Today**: The magazine - The front face of atlantis°. <https://atlantis.today>
- **r°Some**: For information about the (awe) rsome r°, r1 and r2 mindset shifting. <https://rsome.org>
- **coWorld**: Coordinating services for atlantis°. <https://coworld.org>

Presentation

Many of the r°Rise activities are interconnected with each other. They can be organised in a hierarchical structure as well as a multi-dimensional cellular structure, and depending on the viewpoint they can be presented in a different structure. To represent this multi-dimensional connectivity and cell structure we use hexagons and the *flower of life* symbol.

In the following diagrams, cluster of activities around a topic are shown as circles. Placed around the perimeters are some of the service initiatives needed to support these clusters.

The initiatives can be an organisation, offering services across the world, with its own products and community.

2 Essence

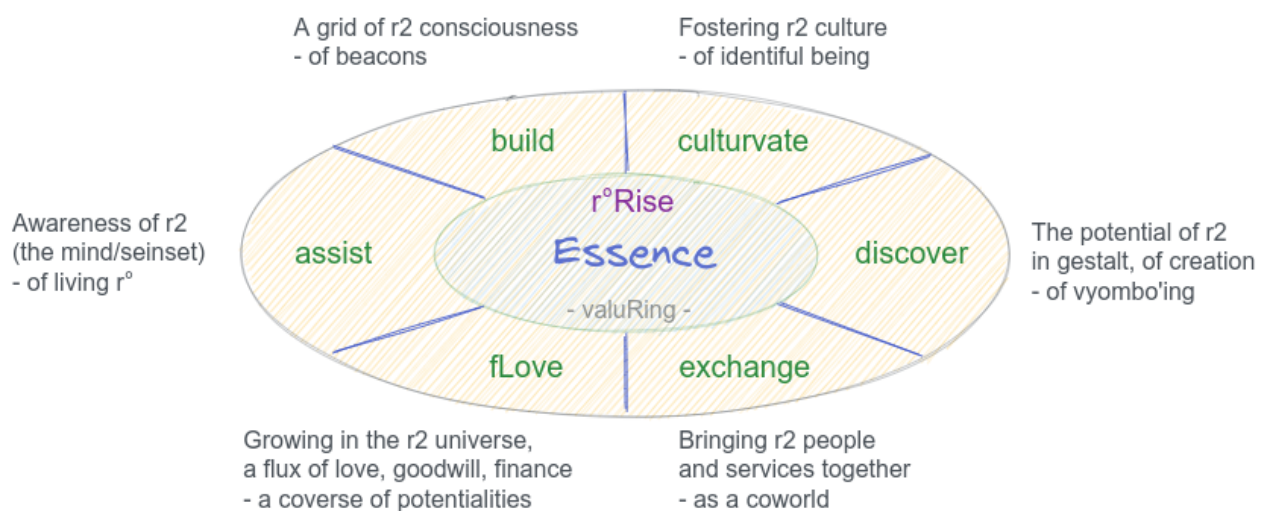
The r°Rise activities are bundled together under the name **The Essence** and are grouped in six primary groups.

The grouping

The groups have been formed using the *valuRing* question: "Where can we bring value?" - In ...

- Assist*,
- Build* something,
- Cultur'vate* something (with the emphasis on culture),
- Discover* something,
- give value through *Exchange* (interaction),
- through *Flove* - through the flux of good energies, feelable positive relationships, financial energy, fostering trust / goodwill and *love* in all its flavours.

A graphical overview showing these groups is shown in the following picture.



The focus

The

- "assist" activities are focused on the awareness of r2 via *r°Some*,
- "build" is to build a grid of *beacons* across the planet,
- "culturvate" is to focus on developing "culture", of fostering its growth within communities, of *identiful* being,
- to "discover" and bundle the gestalt potential within us all, bundled as *vyomba*,
- to foster "exchange" - bringing people and cultures together, creating a *coworld*,
- increasing the "flove" by creating a co-sharing universe - a *coverse* of humanness.
-

3 Essence - Group Assist

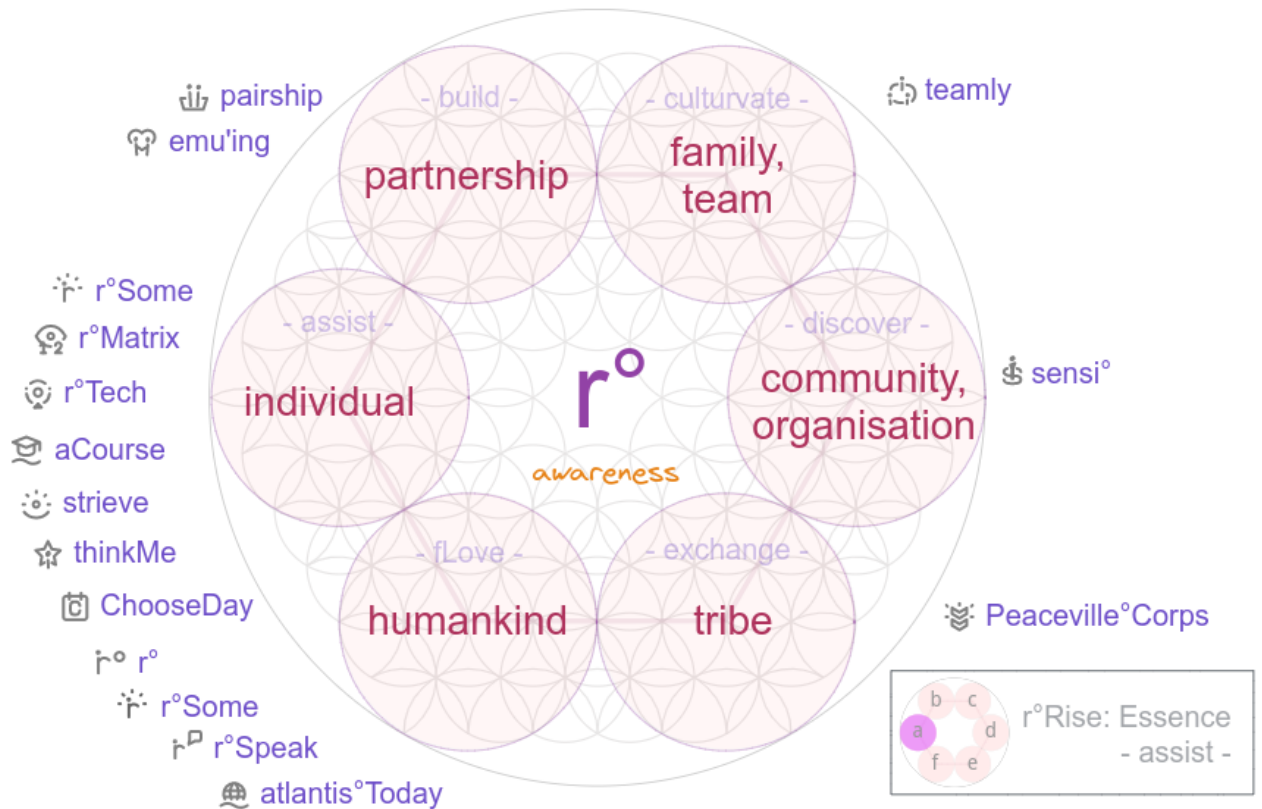
The r°rise activity cluster **Group r°**, which is also called group r-null, is about assisting individuals and groups on their transition to r2.

On the way to r2, values and our needs change. *r°Some* is a collection of awareness shifting concepts to show the rsome'ness (awesomeness) of r°. The *r°Matrix* is a checklist to support individuals where they are in their value stack.

In the r1-r2 transition we move from *the possessive* to *the sharing*. We realise that relationships are for gestalt, for experiencing, for growth. We need help in relearning how to interact. *Emu* and *emu'ing* are about relationships based on empathy and connectivity.

Organisations are in the transition process. Open Source, elements of Scrum, flat structures, mindfulness in meetings, are examples of this change. Automation will remove jobs and organisations will shrink to a core group of people creating value either in the product themselves or value adding services. Job retention will be extremely important and employees will expect value environments based on r2 values.

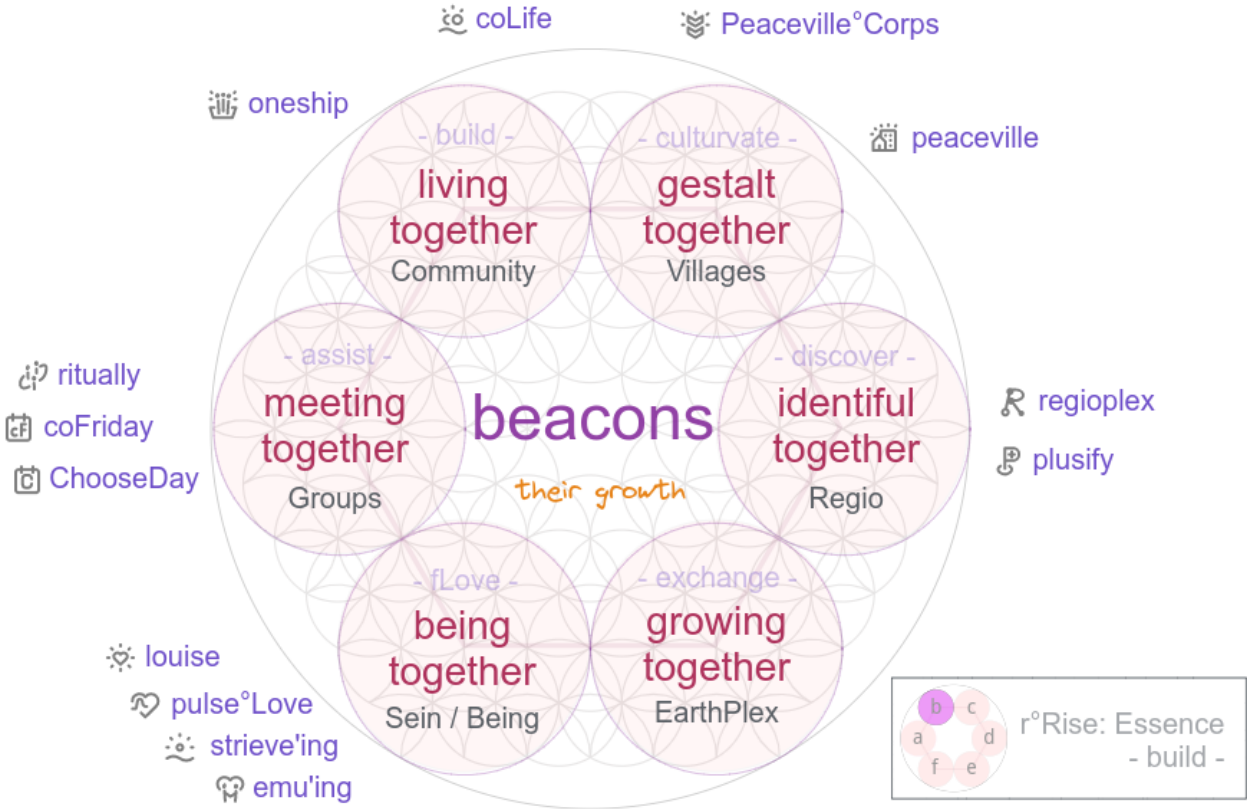
To support the transfer of expertise and to help build communities a network of experts and volunteers are needed (*peaceville°Corps*).



4 Essence - Group Build

The r°Rise activity cluster **Group Beacons**, is focused on building a grid of beacons - gatherings of people who are more in r2 - across the planet.

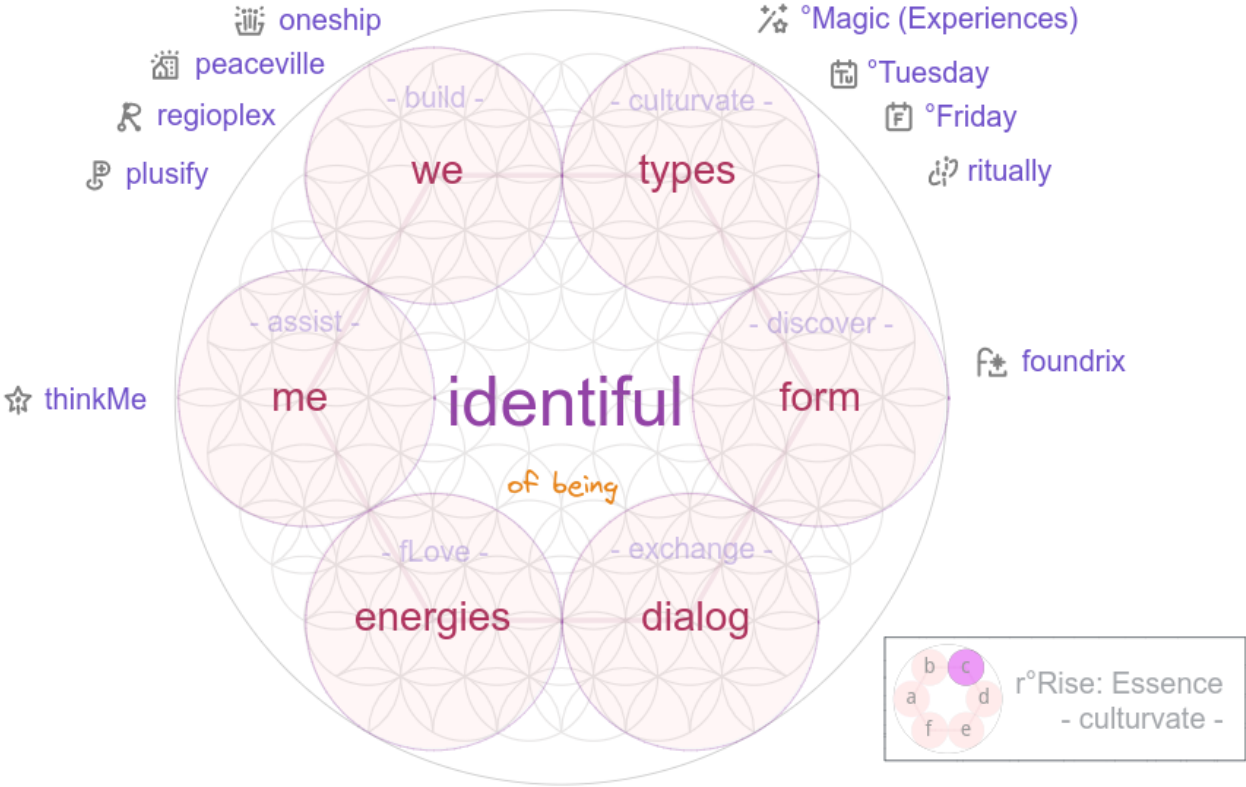
Beacons range from local meetings on Fridays (*coFriday*), *onship* communities in towns, providing them with seeding environment (*coLife*), helping to migrate villages into *peacevilles*, supporting them in networking on a larger scale, to helping to great areas, a *regioplex* of culture.



5 Essence - Group Cultivate

The r°Rise activities clustered in the group **Group Identifful** are focused on culture and identity.

Shifting culture from an Ego based possessive form of mine, or my value is based on the culture I hide behind, to a shared experience culture.



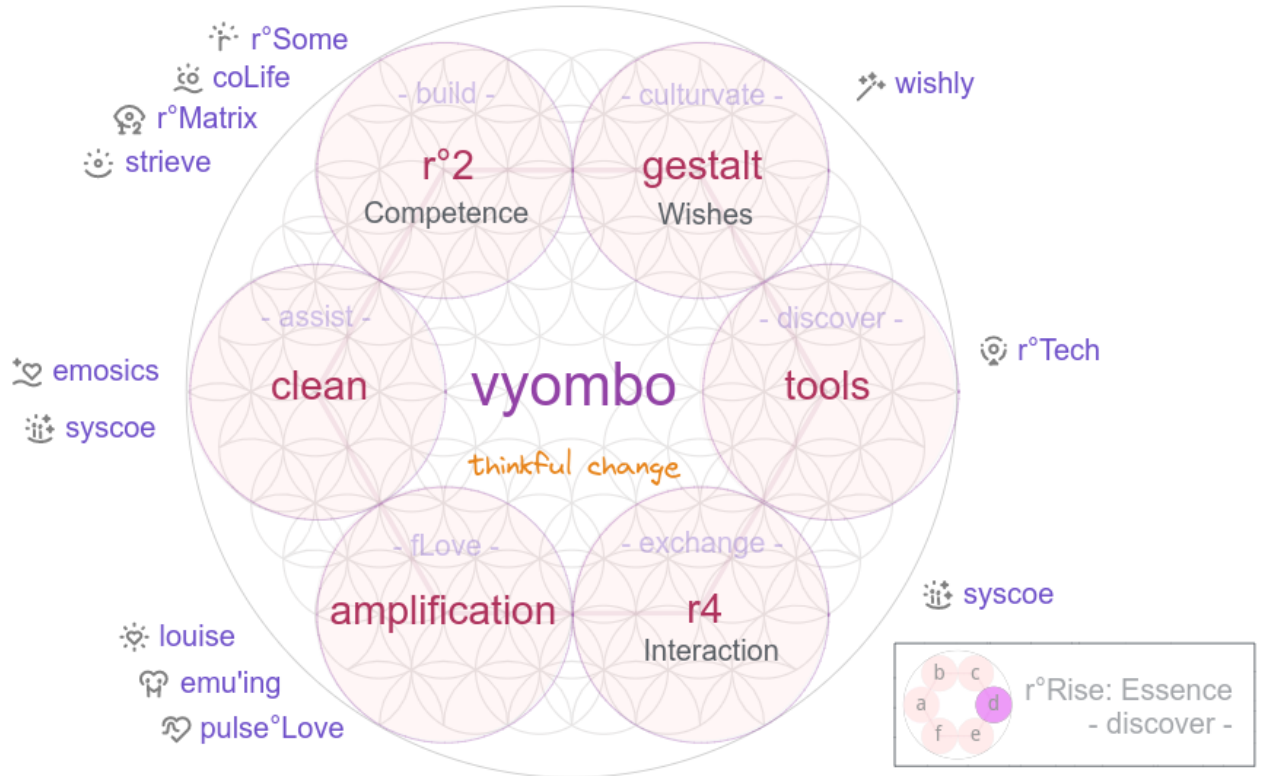
6 Essence - Group Discover

The r°Rise activities clustered in the **Group Vyombo** are focused on 'gestalt' - of us co-creating the world and future. We have the power to create, to integrate, to experience. Our world around us started from a wish (*wishly*), from a thought. Over the years we have also created emotional waste, minefields with emotional booby traps which still influence us today.

Vyombo is about developing our potential for cleaning up the old and creating a brightful future.

Of connecting with womanhood (*louise*), to the systemic, the divine (*syscoe*), to developing concepts and language to describe things (*r°Tech*), to understanding the science, the influence of emotions (*emosics*),

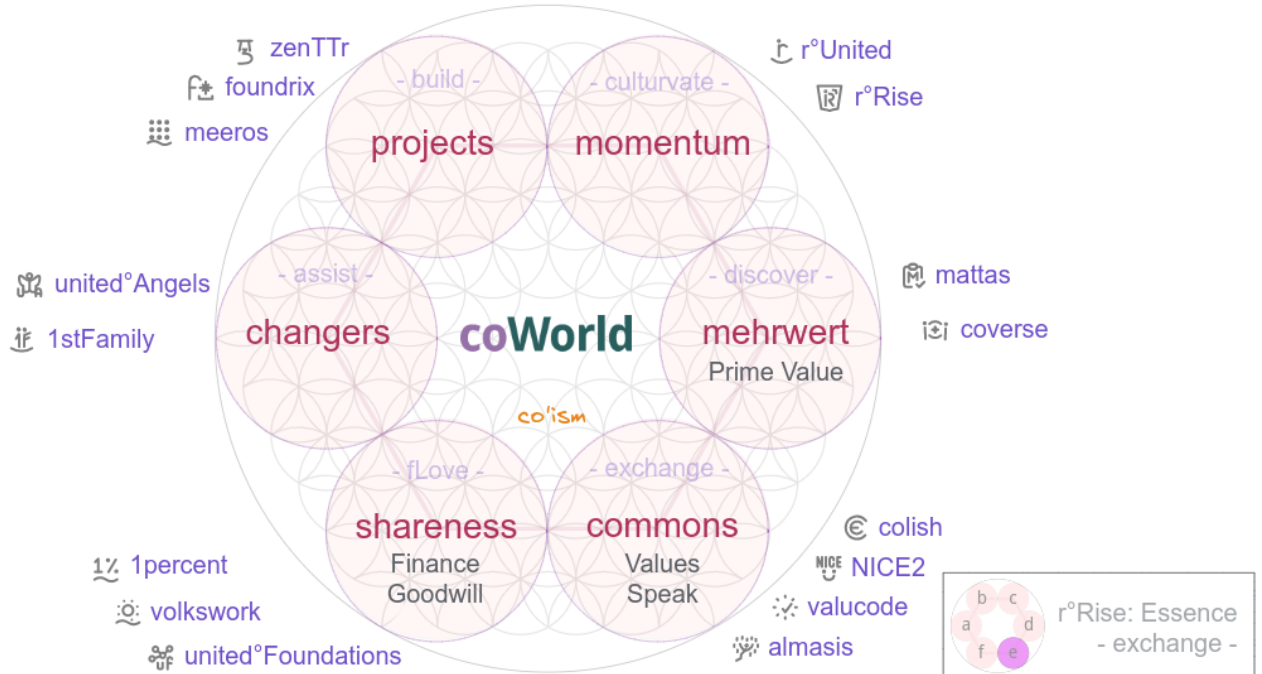
And helping managers to connect and relate to their intuition.



7 Essence - Group Exchange

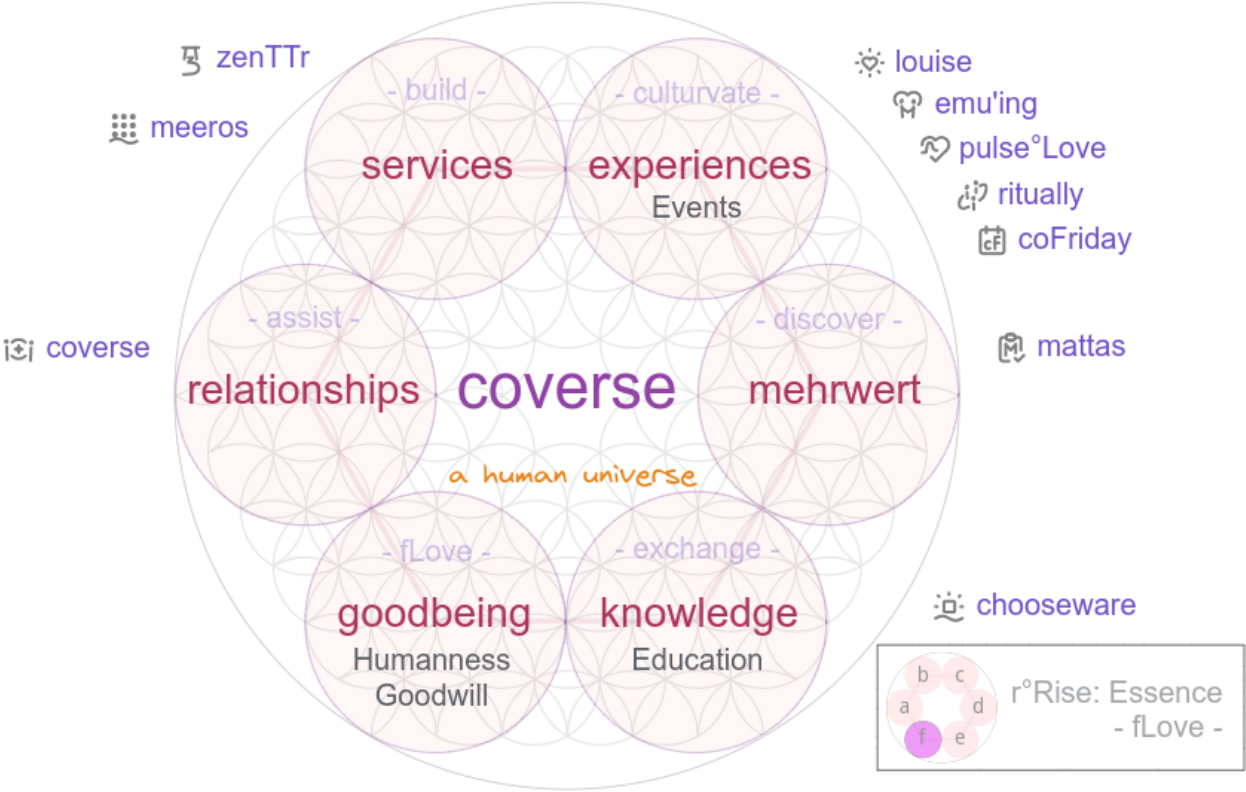
The r°Rise activity cluster **Group coWorld**, is about services.

The **coWorld** name is based on *co'ism* - from co'ordination to co'operation, from co'mmon services, co'working, to co'mmunity building, to co'nnecting, to co'creating a co'world for living co'nciousness.



8 Essence - Group Flove

The r°Rise activities clustered under the **Group Coverse** are focused on developing the **coverse** - a humanness universe - of networking people, knowledge, co-sharing and creating real experiences.



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